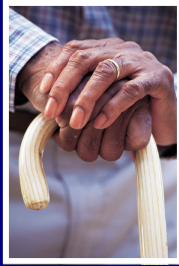


## Do You Know Your Options About Long Term Care?

- Are you seeking help for aging parents?
- Are you the caregiver of an individual with a developmental disability?
- Do you want to know more about resources available in your community?
- Do you have a disability and need resources to live independently?
- Do you need help in navigating the maze of services?
- Are you looking for alternatives to a nursing home?



To contact an ADRC in your area\* please call:

*\*If your area does not have an ADRC please call the number listed below.*

**Georgia**  
**Department of Human Services**  
**1-866-552-4464**

*The Aging & Disability Resource Connection is administered by the Georgia Department of Human Services Division of Aging Services in partnership with the Department of Behavioral Health and Developmental Disabilities.*



**Georgia's**  
Aging & Disability  
**Resource Connection**  
An Initiative of the U.S. Department of Health and Human Services

**Your "One-Stop Shop" For Information & Resources To Help You Stay In Your Home**



The ADRC is a valuable resource for seniors, people with disabilities, family members, caregivers and professionals. We are not a place, but a new way of providing information and assistance, awareness, and access. ADRCs focus on choice and person-centered planning.

## Let Us Help You Navigate the Maze of Services

- **Assistive Technology**
- **Benefits Counseling**
- **Eligibility Screening**
- **Employment Options**
- **Family Caregiver Assistance**
- **Futures Planning**
- **Housing**
- **How to apply for Services/  
Benefits**
- **Medicaid Waiver Programs**
- **Medicaid/Medicare**
- **Options Counseling**
- **Prescription Drug Assistance**
- **Private Pay Services**
- **Transportation**

## ADRC Success Stories

### Nora & Jeff \*



**Nathan**

**A PHONE CALL TO THE ADRC** initiated Nathan's move from being homeless and depending on relatives to moving into an apartment and caring for his young son on his own. With support, this young man with a traumatic brain injury since childhood, wants to show his son that "Daddy has disability problems" but is "still willing to learn" and show him you can be "*all you can be.*"

**THIS STORY HAS BECOME VERY FAMILIAR** to ADRC specialists. Nora has a brother, Jeff, with a developmental disability and Nora's mother has been his caregiver. When it became difficult for Nora's mom to care for herself and Jeff, they both moved into an assisted living home. Then her mother died and Nora became responsible for her brother's care — without any preparation, instructions, or direction. "It was just overwhelming," Nora said as she described the frustrating process of trying to find out information and get direction. A phone call to the ADRC changed all that. With the assistance of the ADRC specialist, Jeff now has a Medicaid waiver and lives in a group home not far from Nora, who has become an outspoken advocate for change.

\* pictured on brochure cover

***ADRCs build consumer trust by using existing entry points to provide individual choice, by supporting informed decision making, and by enhancing access to services.***

### **CONTACT:**

**GEORGIA'S AGING & DISABILITY  
RESOURCE CONNECTION**