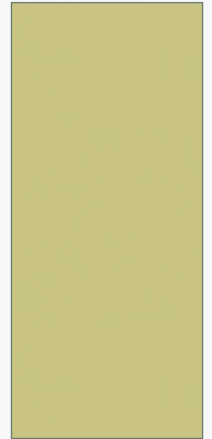




“IN LOCO PARENTIS”

AMANDA CARTER, DAS FSU
AMY RIEDESEL, TANNER HEALTH SYSTEM



WHAT IS PATERNALISM?



NEGATIVE & PATERNALISTIC ATTITUDES

- Negative Stereotypes and Assumptions:
 - OA are inflexible, resistant to change and have difficulty learning new things
 - OA are chronically ill, dependent and no longer make contributions to society
 - OA are a burden on their families and on society at large
 - OA are depressed, isolated and waiting to die
 - OA have declining capacity, are incapable of making responsible choices and must be protected from themselves.

OVER-PROTECTIONISM...

...a self-fulfilling prophecy



AUTONOMY

Autonomy

Free from external
control and constraint;
self-governing.

Values-Based Coaching - FergusonValues.com

CHOICES SHOULD REFLECT...



ACTUAL AUTONOMY

- The concrete reality of the one who is choosing



COGNITIVE IMPAIRMENT

- The “**FACT**” of cognitive impairment must be present, not a *presumption*



COLLATERAL DAMAGE OF GOOD INTENTIONS



GOOD INTENTIONS
bad results

THE DOWNSIDE OF IGNORING CHOICE

- Non-compliant
- Displays behaviors
- Difficult to work with

The non-compliant patient



THE BALANCE DANCE

- Balance between safety and independence



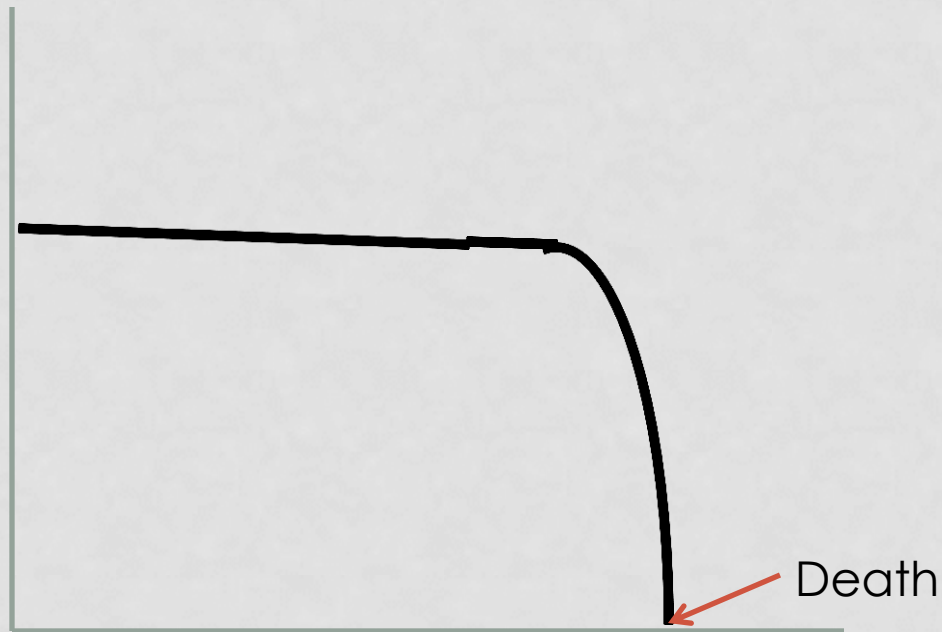
COMPETENCE





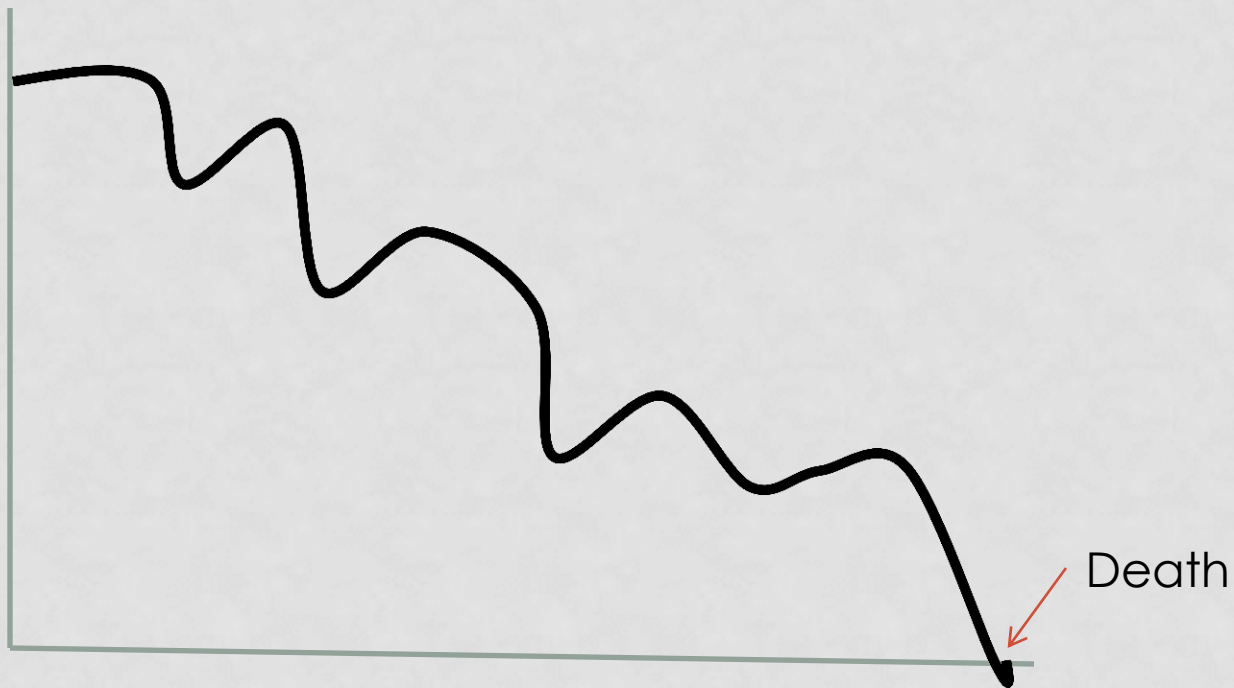
- “Our reluctance to honestly examine the experience of aging and dying has increased the harm we inflict on people and has denied them the basic comforts they most need”
 - Atul Gawande, Surgeon at Brigham Hospital and Professor at Harvard

TYPICAL PATH OF A PERSON'S HEALTH



*not drawn to scale

TYPICAL PATH WITH TODAY'S TREATMENTS



*not drawn to scale

VIDEO CLIP

https://youtu.be/X7_lvN1aDgc

THE CLEAR LINE OF OVER/ UNDER PROTECTIONISM



COMMUNICATION



Let me know if you want to know why I am here?

BUT THE “WHAT IFS”

- Don't over estimate the “what ifs” in life. We've survived through decades of what ifs.

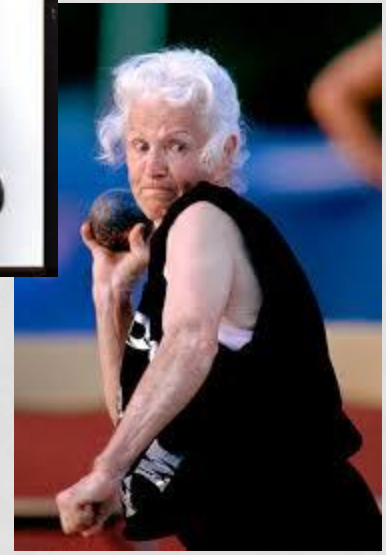
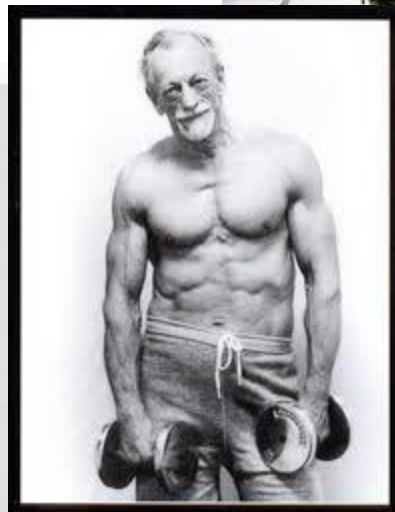


“WHAT IF...?”

WHAT IF WE LOOKED AT THE “WHAT IFS” DIFFERENTLY?







BUT WHAT CAN I DO?



- Learn to be with others without judgment
- Let go of self when you hold space for others
- Allow others to have whatever experience they are having
- Give complete, undivided attention to the person or situation
- Let go of your own needs within a situation

PATERNALISM ON THE PHONE?

It Does Happen!

- Feeling rushed
- Misunderstood
- Distracted staff
- Interrupting
- Finishing sentences for me
- Not asking if I want to be part of a program

PHONE ETIQUETTE



- Answer the phone specifically
- Speak clearly-
pronounce words
- Use words that make sense to another person not in the business
- Use clear, descriptive language
- Write down important points to review before making call
- Repeat important points

PRACTICAL SUGGESTIONS: RESPECT PRIVACY

- Close the door when you help a person dress or use the bathroom.
- Knock before opening a closed door.
- Don't discuss confidential information with other people, even family members, without the person's permission.

PRACTICAL SUGGESTIONS: RESPECT PRIVACY

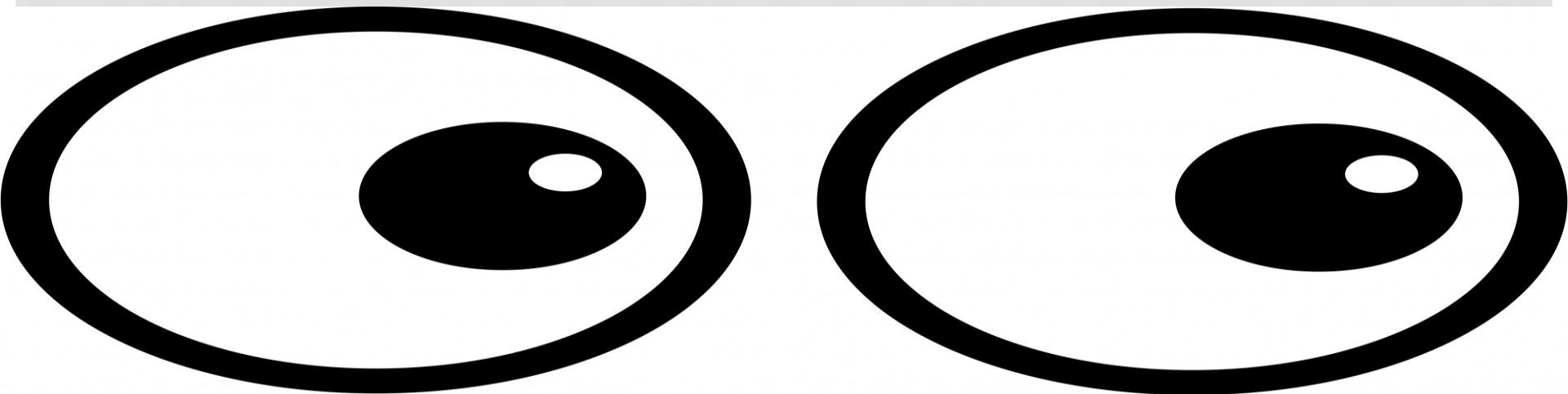
- Close the door when you help a person dress or use the bathroom.
- Knock before opening a closed door.
- Don't discuss confidential information with other people, even family members, without the person's permission.

PRACTICAL SUGGESTIONS: RIGHT TO MAKE CHOICES

- If someone has a cognitive impairment, offer choices:
 - What to eat,
 - When to eat,
 - What to wear
- If the person insists on wearing the same shirt every day, use a protective towel when he eats, and wash clothes in the evening.

PRACTICAL SUGGESTIONS: RIGHT TO MAKE CHOICES

- If a choice seems silly or unimportant to you, try to see why it may be important to that person.
- STOP: look through their eyes.....



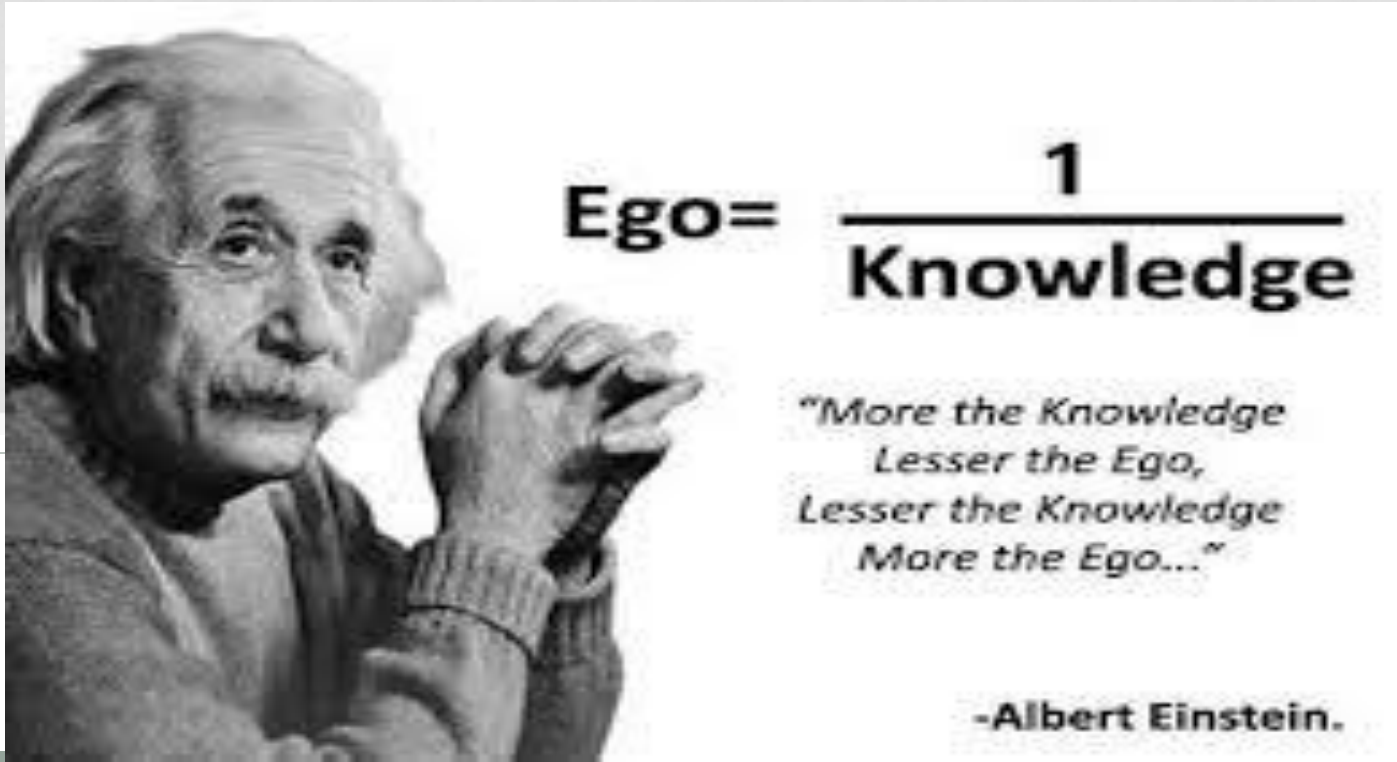
PRACTICAL SUGGESTIONS: RIGHT TO MAKE CHOICES

- If an individual refuses to take medication or makes other choices that would be dangerous, try to negotiate possible solutions:
 - Offer pills with a favorite snack (*if the prescription allows*),
 - Agree to give baths only as often as absolutely necessary,
 - Arrange for someone to take walks with the person, if it is dangerous for them to do so alone

ACTIVITY

AUTONOMY AND PATERNALISM: AN ETHICAL DILEMMA

- As care providers we must never stop searching for:
 - Opportunities to promote self-worth
 - Self-dignity
 - Meaningful engagement



$$\text{Ego} = \frac{1}{\text{Knowledge}}$$

*"More the Knowledge
Lesser the Ego,
Lesser the Knowledge
More the Ego..."*

-Albert Einstein.

LET GO OF EGO

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